

“This credential provides evidence that I have met an established standard of practice and knowledge, which will be recognized by administrators, regulators, and other health care providers.”

— NSPM-C Recipient

# NSPM

NONSURGICAL PAIN MANAGEMENT

## NSPM

NONSURGICAL PAIN MANAGEMENT

### Credential Requirements Checklist

- ✓ Current full certification by the NBCRNA
- ✓ Licensure – Current unrestricted RN and, if applicable, APRN
- ✓ Current clinical nurse anesthesia practice – minimum two years
- ✓ Education in each of the six domains represented on the NSPM examination, completed within the immediate four years prior to application
- ✓ Completion of an NSPM-assessed cadaver (human or simulation) course
- ✓ Practice portfolio
  - Three letters from professional, credentialed colleagues
  - Information on NSPM procedures completed annually
- ✓ NSPM examination





Nonsurgical pain management is the management of acute and chronic pain outside the obstetrical suite and operating room. This would include the administration or management of:

- Neural or neuraxial blockade
- Physiological imbalances
- Pharmacological modalities
- Psychological interventions

This may include the assessment, planning, implementation, and evaluation of approaches to patient care.

### About the NSPM-C Credential

The National Board of Certification and Recertification for Nurse Anesthetists (NBCRNA) NSPM-C credential is a voluntary subspecialty certification for nurse anesthetists.

- It validates the advanced subspecialty knowledge that is required for initial pain management certification for CRNAs.
- It is offered to nurse anesthetists who are currently certified by the NBCRNA and meet eligibility requirements, including length of practice.
- It is renewed every four years in alignment with the 4-year CPC Program cycle.

The NSPM-C credential reflects the NBCRNA’s commitment to the advancement of evidence-based certification to support the practice of chronic pain management.

“I believe we owe it to the public to demonstrate that each of us possesses a standard of practice and knowledge in NPSM.”

— NSPM-C Recipient

The Nonsurgical Pain Management (NSPM-C) credential program is accredited by both the National Commission for Certifying Agencies (NCCA) and the Accreditation Board for Specialty Nursing Certification (ABSNC).



### Why Should You Obtain the NSPM-C Credential?

The NSPM-C credential demonstrates to patients, regulators, and the entire health care community that certified registered nurse anesthetists are committed to excellence in pain management care.

- Distinguish yourself from other pain providers
- Validate your knowledge and skills
- Evidence your commitment to professional development

### About the NSPM Application and Examination

The NSPM examination will assess knowledge of needle placement and anatomical approaches, plus:

- Anatomy, physiology and pathophysiology of pain
- Assessment, diagnosis, and plan of care
- Pharmacology
- Interventional pain strategies
- Professional aspects
- Safety and equipment

See the credential requirements on the back cover.

## Getting Started

Review the NSPM requirements checklist on the back cover and contact NBCRNA to have an application activated.